

Monday

Tuesday

Wednesday

Thursday

Friday

Milk Choices
1% White
Skim Chocolate
Skim White

1

Lunch Requirements-
Choose 3 food Group servings. One must be a serving of Fruit or Vegetable. Other Choices might be a Meat serving a Bread or Milk.

2

9/1 White Chicken Chili
Corn Bread Muffin
Cherry Tomatoes
Cucumber slices
Applesauce, Milk Choice

4

7

8

Pick at least 3,
(Can have more)
Meat/ Meat Alternative
Fruit and or Vegetables
Whole Grain Bread, Rice etc.
Milk

9

10

11

14

15

Cheese Pizza
Broccoli Florets
Fresh Baby Carrots
Pineapple Tidbits
Milk Choice

16

Chicken Strips
Mashed Potatoes
Gravy, Orange
Tossed Salad
Roll and Jelly, Milk Choice

17

Hamburger on a Bun
Oven Fries
Dark Leaf Lettuce
Tomato Slice
Diced Pears, Milk Choice

18

Corn Dog
Green Beans
Tater Tots
Fruit Cocktail
Milk Choice

21

Chicken Crispito
Tomato Salsa
Refried Beans
Banana
Milk Choice

22

Turkey & Cheese S
Seasoned Corn
Garden Salad
Fresh Orange
Milk Choice

23

Chicken Fajita
Tortilla Chips
Tomato Salsa
Fresh Baby Carrots
Cantaloupe, Milk Choice

24

Pork Rib on a Bun
Leaf Lettuce & Tomato
Sweet Potato Fries
Fresh Apple
Snickerdoodle, Milk

25

Mini Meatball Sub
Potato Wedge
Tossed Salad
Diced Peaches
Milk Choice

28

Popcorn Chicken
Baked Beans
Creamy Coleslaw
Baby Carrots, Banana
Roll & Jelly, Milk Choice

29

Biscuit & Gravy
Sausage Patty
Sweet Peas
Hash Brown Patty
Orange Halves, Milk

30

Grilled Chicken Sandwich
Broccoli Florets
Lettuce & Tomato Slices
Orange halves
Milk Choice

31

[Enter Additional Info]

